

October 2018 Menu

Week 1 and Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Muffins Yogurt*	Cereal* Bananas Milk	Peanut Butter Biscuit Bacon Milk	Pancake on a Stick Milk	Sausage Biscuits Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Hot Dogs Cucumber Salad Mandarin Oranges Milk	Pulled Pork Cornbread Dried Cranberries Milk	Chicken and Rice Green Beans Strawberries Milk	Pizza Roll-ups* Carrot Sticks Pineapple Milk	Chicken Soup with Veggies Fruit Salad Milk
Snack	Snack	Snack	Snack	Snack
Crackers with Peanut Butter	Chex Mix	Cereal Bar	Cheese Crackers*	Sun chips
*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt
Fruit	NA	N/A	Ritz Crackers Ham Roll up	NA

Week 2 and Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Bananas Milk	Fruit Salad Yogurt Graham Crackers	Pancakes With Blueberries Milk	Croissant Sausage Patty Milk	Cereal Bars Mandarin Oranges Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Nuggets Tater Tots Mixed Berries Milk	Ham Mashed Potatoes Apple Slices Milk	Beef and Broccoli Rice Peaches Milk	Lunch Meat and Cheese Crackers Guacamole Apple Sauce Milk	Chicken Biscuit and Gravy Green Beans Raisins Milk
Snack	Snack	Snack	Snack	Snack
Baked Chips	Pretzels	Veggie Straws	Fig Bar	Granola Bar
*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt
NA	Fruit	NA	N/A	Na

2% Milk is served at meal times. Children who arrive before 6:30am will be offered cereal.

Toddler and EP class will email parents AM Snack choices weekly.